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Article Sub-Title		
Article CopyRight	Springer-Verlag Berlin Heidelberg (This will be the copyright line in the final PDF)	
Journal Name	Journal of Neurology	
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Schedule	Received	29 September 2013
	Revised	23 November 2013
	Accepted	4 December 2013
Abstract	<p>In fibromyalgia (FM), reduced habituation of laser-evoked potentials (LEPs) suggests a dysfunction of pain processing at a central level. In this study, we aimed to further examine the nociceptive pathways at the peripheral to the central level in a large group of FM patients by means of LEPs and skin biopsy, in light of healthy controls findings and main clinical features. One hundred and ninety-nine FM patients and 109 age- and sex-matched controls were submitted to LEPs by the dorsum of the right hand and the skin over the right chest and knee tender point stimulation. Skin biopsy was performed in 21 randomly selected FM patients and 60 age- and sex-matched controls. The mean N2–P2 amplitude was reduced in the whole FM group, with normal or even increased values in patients with migraine as comorbidity and reduced values in other patients including those presenting with distal sensory deficits. All patients had reduced N2–P2 habituation in respect to controls. In the FM group, LEPs habituation was correlated with pain at tender points and bad quality of life. Epidermal fiber density was significantly reduced in FM patients versus controls, and correlated with N2–P2 amplitude by the hand and chest tender-point stimulation. Dysfunction in the nociceptive system at both the central and peripheral levels may concur to explain phenotypical eterogeneity and clinical symptom complexity in fibromyalgia.</p>	
Keywords (separated by '-')	Fibromyalgia - Laser-evoked potentials - Skin biopsy - Peripheral and central nervous system dysfunction	
Footnote Information		

2 **Update on laser-evoked potential findings in fibromyalgia patients**  
3 **in light of clinical and skin biopsy features**

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7 Received: 29 September 2013 / Revised: 23 November 2013 / Accepted: 4 December 2013  
8 © Springer-Verlag Berlin Heidelberg 2013

**Abstract** In fibromyalgia (FM), reduced habituation of laser-evoked potentials (LEPs) suggests a dysfunction of pain processing at a central level. In this study, we aimed to further examine the nociceptive pathways at the peripheral to the central level in a large group of FM patients by means of LEPs and skin biopsy, in light of healthy controls findings and main clinical features. One hundred and ninety-nine FM patients and 109 age- and sex-matched controls were submitted to LEPs by the dorsum of the right hand and the skin over the right chest and knee tender point stimulation. Skin biopsy was performed in 21 randomly selected FM patients and 60 age- and sex-matched controls. The mean N2–P2 amplitude was reduced in the whole FM group, with normal or even increased values in patients with migraine as comorbidity and reduced values in other patients including those presenting with distal sensory deficits. All patients had reduced N2–P2 habituation in respect to controls. In the FM group, LEPs habituation was correlated with pain at tender points and bad quality of life. Epidermal fiber density was significantly reduced in FM patients versus controls, and correlated with N2–P2 amplitude by the hand and chest tender-point stimulation.

Dysfunction in the nociceptive system at both the central and peripheral levels may concur to explain phenotypical heterogeneity and clinical symptom complexity in fibromyalgia.

**Keywords** Fibromyalgia · Laser-evoked potentials · Skin biopsy · Peripheral and central nervous system dysfunction

**Introduction**

Fibromyalgia (FM) is a chronic disorder characterized by widespread pain and tenderness on palpation. The associated symptoms, identified by new diagnostic criteria, include non-restorative sleep, fatigue, and cognitive dysfunction [1]. FM affects up to 5 % of the general population worldwide and is associated with high medical and social costs [2]. The pathophysiology of FM remains largely unknown, however, an increase in central sensitization phenomena, probably based on abnormal pain modulation, is recognized in fibromyalgia as well as in other ‘centrally driven’ chronic pain syndromes [3]. There is increased activity of cortical regions devoted to pain processing, which has been suggested by neuroimaging studies [4]. Few studies were employed by laser-evoked potentials (LEPs), which are a specific tool for investigation of nociceptive pathways [5]. These studies confirmed increased responses from cortical zones devoted to noxious stimuli processing [6–9]. In addition, a pattern of reduced habituation under repetitive painful stimulation emerged in FM patients [9], which seems to characterize chronic pain syndromes subtended by enhanced phenomena of central sensitization such as migraine [10–12]. However, it has recently been found that peripheral factors may contribute

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63 to the abnormal activity of receptors in deep tissues [13],  
 64 and a recent study employing skin biopsy and evoked  
 65 responses obtained by concentric electrode (PREPs) in a  
 66 cohort of 25 FM patients found that despite normal neu-  
 67 rological and standard neurophysiological examination,  
 68 excluding large-fiber polyneuropathy, both PREPs and skin  
 69 biopsy suggested small afferents dysfunction [14]. These  
 70 findings are in disagreement with the pattern of increased  
 71 LEP amplitude previously described [9] and may suggest  
 72 phenotypic heterogeneity among FM patients. So far, fur-  
 73 ther information should be useful about nociceptive path-  
 74 way functions at both the peripheral and central level in  
 75 patients with fibromyalgia. In the present study, the aims  
 76 were (1) to compare laser-evoked potentials features,  
 77 including habituation, between a large cohort of FM  
 78 patients and a group of healthy, age- and sex-matched  
 79 subjects (2) to correlate LEPs features with clinical aspects  
 80 of FM and (3) to report skin biopsy findings performed in a  
 81 randomly selected sub-group of FM patients.

## 82 Methods

### 83 Subjects

84 We considered 370 consecutive out-patients between the  
 85 ages of 18 and 65 for inclusion in the study. The patients  
 86 visited the Neurophysiopathology of Pain Unit of the Bari  
 87 Policlinico General Hospital between January 2, 2009, and  
 88 December 20, 2012, after diagnosis of fibromyalgia was  
 89 done in the Rheumatologic Clinic of the Bari Policlinico  
 90 General Hospital in accordance with Wolfe et al. criteria  
 91 [15]. The exclusion criteria were scholar age of less than  
 92 8 years, any peripheral or central nervous system (CNS)  
 93 diseases, including spinal cord diseases and radiculopa-  
 94 thies, diabetes, active thyroid insufficiency, renal failure,  
 95 auto-immune diseases, active inflammatory arthritis, sys-  
 96 temic connective tissue disease, present or previous history  
 97 of cancer, as well as use of drugs acting on the CNS or  
 98 chronic opioid therapy. Patients with primary headaches  
 99 (see below) were admitted into the study. Patients taking  
 100 analgesics were instructed to avoid analgesic use for 24 h  
 101 prior to the laser-evoked potentials examination in order to  
 102 avoid any effect on LEPs amplitudes [16]. Patients selected  
 103 for the study were assigned to CNS-acting drug treatments  
 104 only after both LEPs and clinical assessment were carried  
 105 out.

106 There were 220 FM patients who met the inclusion  
 107 criteria and subsequently submitted to neurophysiological  
 108 examination. All of these patients also satisfied the recent  
 109 diagnostic criteria [1]. Patients were also randomized 1–10  
 110 to be submitted to skin biopsy on the basis of the diagnosis  
 111 of FM according to the ACR criteria [1, 15], without taking

112 into consideration any other clinical features. The reason  
 113 for the randomization was the availability of the procedure  
 114 for a limited number of cases. The LEPs from 199 patients  
 115 were included in the statistical analysis. The LEPs from the  
 116 remaining 21 patients were incomplete recordings and not  
 117 included in the final analysis. All the LEPs from patients  
 118 submitted to skin biopsy were eligible for the analysis and  
 119 statistical comparison.

120 There were 109 age- and sex-matched controls who  
 121 were recruited among the patients' families, hospital staff,  
 122 and students. The control subjects did not have symptoms  
 123 or a history of any neurological, psychiatric, or general  
 124 medical disorders, including migraine [17], and no history  
 125 of CNS-acting drugs taken in the previous 3 months and/or  
 126 analgesic use in the previous 24 h prior to the neuro-  
 127 physiological examination.

128 All subjects were informed about the purpose and the  
 129 procedure of the study, for which they gave their consent.  
 130 The study was approved by the Ethics Committee of the  
 131 Bari Policlinico General Hospital.

### Clinical examination

133 All patients were submitted to careful interview and  
 134 standard neurological examination, including thorough  
 135 bedside sensory testing. Since migraine is a comorbid  
 136 condition [18, 19] and migraine may be a factor facili-  
 137 tating reduced LEPs habituation [10], we included a  
 138 subgroup of patients with migraine. Migraine was defined  
 139 as migraine without aura, migraine with aura, and chronic  
 140 migraine, as defined by the International Headache Soci-  
 141 ety (IHS) [17]. We recorded migraine patients in the inter-  
 142 critical period (at least 72 h after and 48 h before an  
 143 attack, determined by a telephone interview). FM patients  
 144 completed self-submitting scales exploring anxiety,  
 145 depression [20, 21], fibromyalgia-linked invalidity [22],  
 146 and quality of life [23] in accordance with previous  
 147 studies [18, 19]. A psychologist explained the question-  
 148 naire scales and modalities of the responses to all partic-  
 149 ipants. The tender point survey was used to measure the  
 150 level of pain at any tender point [24].

### Nerve conduction studies

152 Nerve conduction studies were performed according to  
 153 standard methods [25]. The nerve conduction velocity was  
 154 calculated and the compound action potential amplitude  
 155 was measured for right sensory (sural) and posterior tibial  
 156 nerve. We determined whether individual subjects data  
 157 were within the range of normative reference values from  
 158 our laboratory (antidromic sural nerve sensory nerve action  
 159 potential amplitude  $\geq 10 \mu\text{V}$ , sural nerve conduction  
 160 velocity  $\geq 42 \text{ m/s}$  for all ages; tibial nerve compound

161 motor action potential  $\geq 10$  mV, tibial nerve conduction  
162 velocity  $\geq 40$  m/s for all ages).

163 Laser-evoked potentials-Recording procedure. Each  
164 subject was seated in a comfortable position, in a quiet  
165 room with an ambient temperature of 21–23 °C, in an  
166 awake and relaxed state with their eyes closed. All subjects  
167 and observers wore protective goggles during data acqui-  
168 sition. All subjects underwent a recording session with  
169 scalp electrodes placed over the Fz, Cz, and Pz positions of  
170 the 10–20 International System (impedance below  
171 5,000  $\Omega$ ), referring to the nasion with the ground at Fpz  
172 and by T3 and T4 derivation, referred to the Fz position.  
173 Another electrode was placed above the right eye to record  
174 the electrooculogram. The signals were amplified and  
175 stored on a biopotential analyzer (MICROMED System  
176 Plus).

#### 177 Stimulation procedure

178 The stimulation site was visualized by an He–Ne laser  
179 beam. After each stimulation, the laser beam was slightly  
180 shifted to a nearby spot to avoid nociceptor sensitization  
181 and skin damage.

182 The pain stimulus consisted of laser pulses (wavelength  
183 10.6  $\mu\text{m}$ ) that were generated by a CO<sub>2</sub> laser (Neurolas  
184 Electronic Engineering, Florence, Italy). The diameter of  
185 the laser beam was 2.5 mm, and the duration of the stim-  
186 ulus pulse was 30 ms. In order to define the pain threshold,  
187 single stimulus pulses were presented in random order at  
188 4–5 different intensities with 1.5-W steps. The subjects  
189 were requested to report the quality of sensation and the  
190 perception threshold for each subject was represented at the  
191 different stimulation sites by the laser intensity (expressed  
192 in Watts) that produced a warm sensation while the pain  
193 threshold was the laser intensity that produced a pinprick  
194 sensation followed by a burning sensation. Three series of  
195 ten laser stimuli were then delivered at any stimulation site,  
196 at an intensity level, at two steps (3 W) above the pain  
197 threshold, with an inter-stimulus interval of 10 s, and an  
198 inter-series interval of 1 min. The dorsum of the right hand  
199 was stimulated in all patients and controls. In addition, we  
200 stimulated the skin over the tender points at the right knee  
201 and between the clavicle and the first rib, according to  
202 clinical feature of fibromyalgia [24]. These tender points  
203 were painful in all stimulated subjects and not painful in  
204 controls. The chest tender point was stimulated in 141  
205 patients and 80 controls and the knee tender point in 60  
206 patients and 30 controls. In cases where more than one site  
207 was stimulated, the order of site stimulation was random-  
208 ized. We choose to stimulate only one side, to avoid a long  
209 and uncomfortable procedure.

210 Both patients and controls were requested to pay  
211 attention to the stimuli. At the end of each stimulation

212 series, all subjects were requested to rate the pain induced  
213 by the laser stimuli using a 0–100 visual analogue scale  
214 (VAS) where 0 indicated no pain (white) and 100 (red)  
215 indicated the most severe pain imaginable.

216 Laser-evoked potentials analysis. An investigator who  
217 was blinded to the clinical condition analyzed the LEP  
218 recordings for 1 s, with a 100-ms pre-stimulus time, at a  
219 sampling rate of 256 Hz. All LEP recordings containing  
220 transient signals that exceeded 65 mV on any recording  
221 channel were excluded from the average by an automatic

**Table 1** Clinical features of fibromyalgia patients and controls

	Fibromyalgia patients	Controls
Hand stimulation ( <i>n</i> )	199	109
Sex	171 F; 28 M	89 F; 20 M (Chi square 1.2 n.s.)
Age	40.55 $\pm$ 10.5	40.32 $\pm$ 9.99 (ANOVA <i>F</i> 1.22 n.s.)
Knee stimulation ( <i>n</i> )	60	30
Sex	50 F; 10 M	25 F; 5 M (Chi square 1.1 n.s.)
Age	38.8 $\pm$ 11.2	37.9 $\pm$ 12.2 (ANOVA <i>F</i> 0.89 n.s.)
Thorax stimulation ( <i>n</i> )	141	80
Sex	125 F; 15 M	74 F; 6 M (Chi square 2.2 n.s.)
Age	41.1 $\pm$ 9.9	40.9 $\pm$ 10.5 (ANOVA <i>F</i> 2.3 n.s.)
Presence of distal sensory deficit ( <i>n</i> )	35 yes	164 no
Age	51.11 $\pm$ 11	44.2 $\pm$ 13.4 (ANOVA <i>F</i> 9.52, <i>p</i> <b>0.02</b> )
Sex	28 F; 7 M	150 F; 14 M (Chi square: 1.79 n.s.)
Presence of migraine (migraine with aura, without aura, chronic migraine— IHS) ( <i>n</i> )	79 yes	120 no
Age	43.67 $\pm$ 12.9	47.7 $\pm$ 13 (ANOVA <i>F</i> 33.4, <i>p</i> < <b>0.00001</b> )
Sex	67 F 3 M	94 F 26 M (Chi square: 10.5, <i>p</i> <b>0.005</b> )

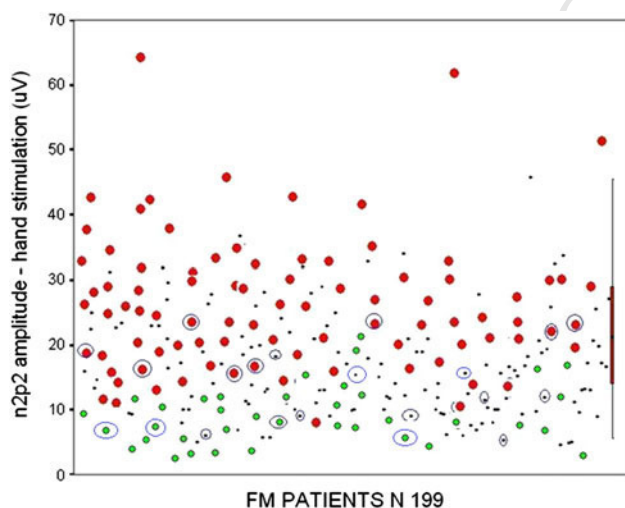
Results of statistical analysis between groups are reported. For one-way ANOVA test, the degree of freedom (*df*) was 1



**Table 2** Mean values and standard deviation of laser pain threshold and sensation and laser evoked potential parameters in fibromyalgia patients and controls

Hand stimulation	Fibromyalgia patients ( <i>n</i> = 199)	Controls ( <i>n</i> = 109)	ANOVA
Laser pain threshold (Watts)	8.3 ± 4.2	7.9 ± 3.5	<i>F</i> = 1.22 n.s.
Laser pain sensation (VAS 0–100)	41.42 ± 23.6	41.19 ± 23.7	<i>F</i> = 0.87 n.s.
N1 latency (ms)	163.73 ± 20.7	168 ± 21.12	<i>F</i> = 1.52 n.s.
N1 amplitude (μV)	6.89 ± 4.57	6.76 ± 5.52	<i>F</i> = 0.12 n.s.
N2 latency (ms)	219.32 ± 32.13	229.33 ± 31.13	<i>F</i> = 0.77 n.s.
P2 latency (ms)	335.85 ± 44.12	346.23 ± 29.9	<i>F</i> = 0.81 n.s.
N2–P2 amplitude (μV)	16.36 ± 10.11	21.0 ± 12.23	<i>F</i> = 10.68, <i>p</i> = <b>0.0012</b>
Thorax stimulation	Fibromyalgia patients ( <i>n</i> = 141)	Controls ( <i>n</i> = 80)	
Laser pain threshold (Watts)	6.9 ± 3.9	6.7 ± 4.2	<i>F</i> = 0.89 n.s.
Laser pain perception (VAS 0–100)	44.61 ± 26.4	30.19 ± 18.6	<i>F</i> = 3.55, <i>p</i> = 0.061 n.s.
N1 latency (ms)	163.61 ± 22.7	160 ± 11.12	<i>F</i> = 1.1 n.s.
N1 amplitude (μV)	6.91 ± 4.51	8.54 ± 5.0	<i>F</i> = 1.34 n.s.
N2 latency (ms)	211.3 ± 42.11	209.45 ± 29.13	<i>F</i> = 0.65 n.s.
P2 latency (ms)	328.15 ± 33.45	336.18 ± 34.9	<i>F</i> = 0.67 n.s.
N2–P2 (μV)	18.05 ± 27.5	23.05 ± 12.2	<i>F</i> = 0.79 n.s.
Knee stimulation	Fibromyalgia patients ( <i>n</i> = 60)	Controls ( <i>n</i> = 30)	
Laser pain threshold (Watts)	7.5 ± 2.8	7.9 ± 2.9	<i>F</i> = 0.45 n.s.
Laser pain perception (VAS 0–100)	52.24 ± 2.4	50.55 ± 20.2	<i>F</i> = 0.021 n.s.
N1 latency (ms)	173.61 ± 22.7	170 ± 11.12	<i>F</i> = 1.1 n.s.
N1 amplitude (μV)	4.89 ± 6.9	5.9 ± 3.2	<i>F</i> = 0.13 n.s.
N2 latency (ms)	243.3 ± 44.11	252.45 ± 25.16	<i>F</i> = 0.58 n.s.
P2 latency (ms)	365.15 ± 43.45	367.13 ± 29.9	<i>F</i> = 0.47 n.s.
N2–P2 (μV)	12.93 ± 7.9	20.24 ± 14.31	<i>F</i> = 3.98, <i>p</i> = <b>0.049</b>

All values were corrected for age. The one-way ANOVA results are reported (*df* 1)

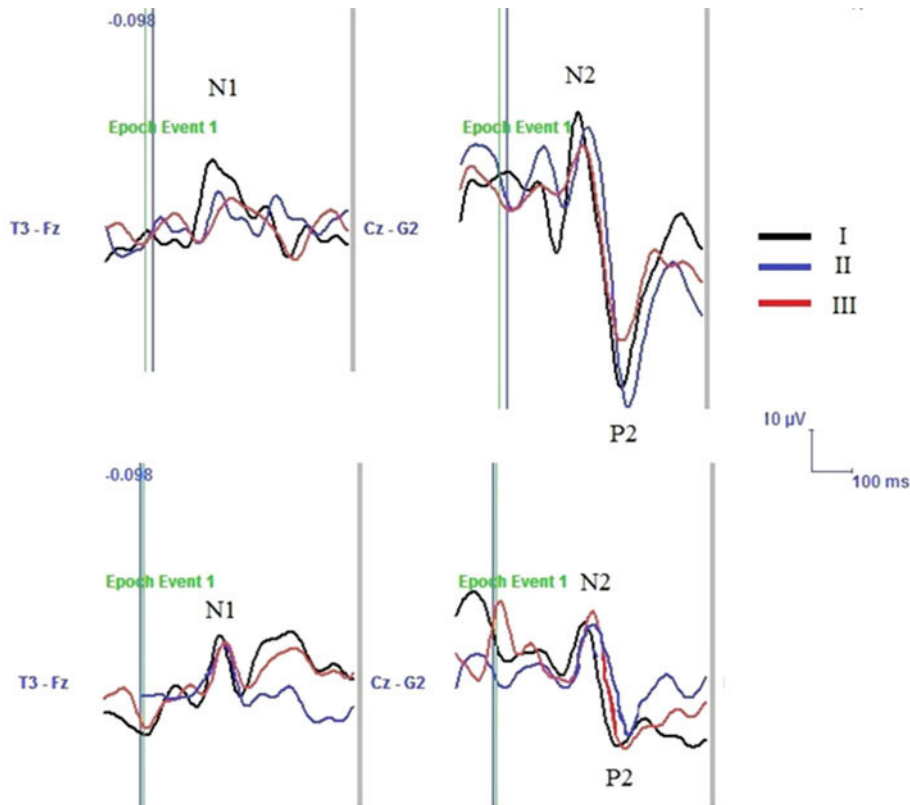


**Fig. 1** The values of N2–P2 amplitudes by hand stimulation are depicted for single fibromyalgia cases (*n* = 199). The *box blot* represents values (95 % confidence interval) from controls (*n* = 109). Patients with migraine comorbidity are outlined in *red* and patients with sensory deficits are outlined in *green*. Patients subjected to skin biopsy are indicated with the *blue ellipsis*. Data were corrected for age

artifact rejection algorithm. Other artifacts were visually inspected. For each stimulation site (right hand, right thorax, and right knee), an average was obtained across each series of stimuli. The LEPs were identified on the basis of their latency and distribution and three responses (N1, N2, and P2) were labeled according to the procedure of Valeriani et al. [26]. The N1 component was analyzed at T3-Fz and the N2 and P2 components were analyzed at the vertex (Cz). The absolute latencies of the scalp potentials were measured at the highest peak of each response component. The amplitude of each wave was measured from the baseline, and the baseline was measured automatically by calculating the average signal on the whole sweep and subtracting it from the trace (ASA-v.4.6 by ANT software; Advanced Neuro Technology, Enschede, The Netherlands). The peak-to-peak amplitude was taken into consideration for the vertex biphasic LEP component (N2–P2). To assess the LEP habituation, the quotient between the LEP amplitudes obtained in the third and the first block of evoked responses was computed. This was termed the habituation index (HI).



**Fig. 2** Laser-evoked potentials (LEPs) from representative cases are shown. A control female (*top panel*) and a female affected by fibromyalgia and distal sensory deficit (*bottom panel*) are shown. Both are 21 years old. The averages across three consecutive repetitions are shown



**Table 3** Mean values and standard deviation of the habituation index (HI) in fibromyalgia patients and controls

Habituation index N2-P2	FM patients	Controls	ANOVA (df 1)
Hand	1.29 ± 1.71 (n = 199)	0.68 ± 2.73 (n = 109)	F = 4.75 p = 0.03
Chest	2.39 ± 3.45 (n = 141)	0.75 ± 2.37 (n = 80)	F = 4.06 p = 0.045
Knee	1.24 ± 2.18 (n = 60)	0.67 ± 2.89 (n = 30)	F = 4.92 p = 0.029

All values were corrected for age. The one-way ANOVA results are reported (df 1)

243 Skin biopsy

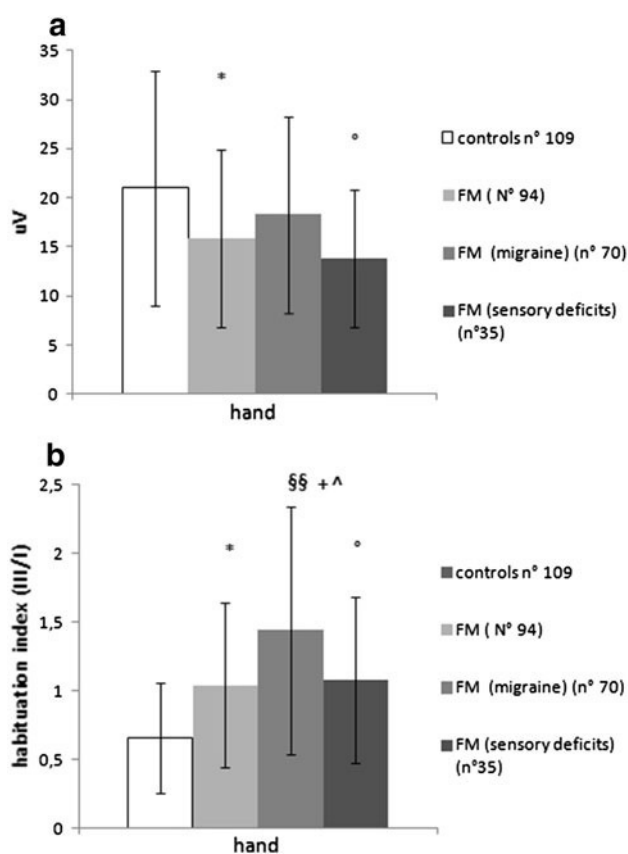
244 In 21 patients and in 60 healthy subjects, age and sex  
 245 matched, 3-mm punch biopsies were taken from fingertip  
 246 (V digit), thigh, and leg after intradermal injection of 1 %  
 247 Xylocaine. Samples were fixed overnight in Zamboni  
 248 solution, cut in 50-µm sections using a freezing slide  
 249 microtome (Leica) and processed using indirect immuno-  
 250 fluorescence techniques as described [27]. Briefly, to  
 251 mark neural and vascular structures, free-floating sections  
 252 were incubated with a panel of primary antibodies  
 253 (Table 1) and then with secondary antibodies labeled with  
 254 Cy2-Cy3-Cy5 fluorophores to visualize the antigens.

Sections were then fixed on coverslips with agarose, 255  
 dehydrated in 95 and 100 % ethyl alcohol, clarified in 256  
 methyl salicylate, and finally mounted in DPX. Quantifica- 257  
 tion of epidermal nerve fibers was performed on four 258  
 nonconsecutive PGP-Col IV double-stained sections fol- 259  
 lowing previously described procedures [27]. Intrapapillar 260  
 myelinated endings and Meissner corpuscles in glabrous 261  
 skin sections were counted on alternate sections and 262  
 density calculated as number of structures/area as previ- 263  
 ously described [27]. 264

Statistical analysis 265

LEPs features obtained at the three sites, including the 266  
 habituation index, were compared between patients and 267  
 controls by one-way ANOVA, with diagnosis as factor. In 268  
 addition, we compared the amplitude and habituation of the 269  
 N2P2 complex, obtained in the three consecutive series of 270  
 laser stimulation at the hand, across patients with sensory 271  
 deficits, patients with migraine, patients without migraine 272  
 and sensory deficits, and controls by one-way ANOVA 273  
 with the post hoc Bonferroni test. In statistical compari- 274  
 sons, a correction for age was applied to LEPs' amplitude 275  
 and latencies, in accordance with the results of Truini et al. 276  
 [28]. In the FM group, LEPs by hand stimulation were 277  
 correlated with clinical features using the Spearman cor- 278  
 relation test. In the patients submitted to skin biopsy, 279

Author Proof



**Fig. 3 a** Mean values and standard deviations of N2–P2 complex obtained by the right hand in fibromyalgia (FM) patients subgroups and controls. Values were corrected for age. The one-way ANOVA results with groups as factor were:  $F = 9.33$ ,  $p = 0.02$ . Results of Bonferroni test are reported: *asterisk* indicates controls versus FM:  $p < 0.05$ ; controls versus FM patients with sensory deficit:  $p < 0.01$ . **b** Mean values and standard deviations of N2–P2 habituation index in fibromyalgia (FM) patients subgroups and controls. Values were corrected for age. The one-way ANOVA results with groups as factor were:  $F = 9.88$ ,  $p = 0.018$ . Results of Bonferroni test are reported: *asterisk* indicate controls versus FM:  $p < 0.05$ ; controls versus FM patients with sensory deficit:  $p < 0.01$ ; controls versus FM migraine:  $^{ss}p < 0.01$ ; FM migraine versus FM patients:  $^{+}p < 0.05$ ; FM migraine versus FM with sensory deficit:  $^{\wedge}p < 0.05$

280 Student's *t* test was applied to compare skin biopsy data  
 281 between patients and controls. The ENF density was also  
 282 correlated with LEPs amplitudes and main clinical features  
 283 by means of Spearman's correlation test. In all considered  
 284 statistical tests, a *p* value  $< 0.05$  was considered as  
 285 significant.

## 286 Results

### 287 Clinical features

288 A minority of patients (17.5 %) presented with distal sensory  
 289 deficits at the standard clinical assessment. These

deficits consisted of slightly reduced pinprick and thermal 290  
 sensation at the feet in all patients, with slight sensory 291  
 deficits involving also the hands in two cases (Table 1). 292  
 The clinical syndrome of these patients confirmed the ACR 293  
 criteria [1, 15]. These patients were significantly older in 294  
 respect to patients without signs of sensory deficits 295  
 (Table 1). A large number of FM patients presented with 296  
 migraine (39.79 %, Table 1). The migraine patients were 297  
 younger and female patients were more prevalent 298  
 (Table 1). 299

### Nerve conduction study 300

In FM patients, both motor and sensory nerve conduction 301  
 velocities and action potential amplitudes were within 302  
 normal limits. Also, patients reporting distal sensory deficit 303  
 presented with sural sensitive potential amplitude within 304  
 the normal ranges. 305

### Laser-evoked potentials 306

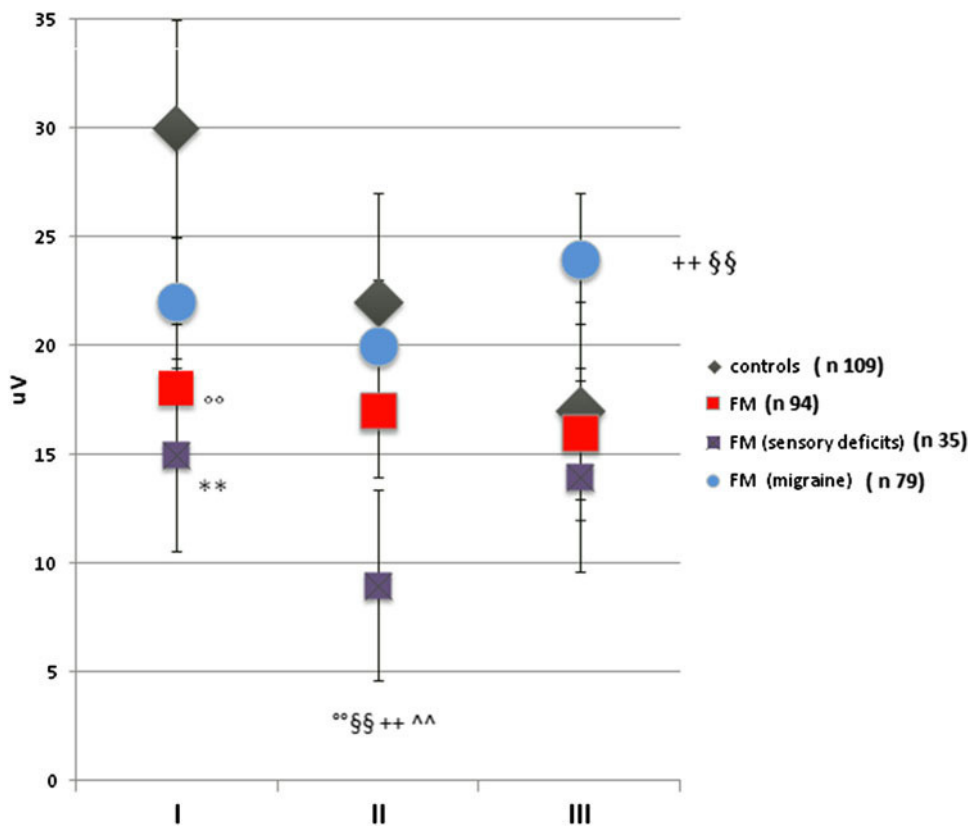
The laser pain threshold and the subjective pain sensation 307  
 were similar between patients and controls for all the 308  
 stimulation sites. However, a slight increase in pain sensation 309  
 was observed in FM patients compared to controls 310  
 when the skin over the chest tender point was stimulated, 311  
 which approached statistical significance (Table 2). The 312  
 N1 amplitude was similar among patients and controls, as 313  
 well as N1, N2, and P2 latencies (Table 2). The vertex N2– 314  
 P2 complex amplitude was significantly reduced in FM 315  
 patients compared to controls when the hand and the knee 316  
 were stimulated, whereas when the skin over the chest 317  
 tender point was stimulated, there was a non-significant 318  
 reduction in the FM group compared to control one 319  
 (Table 2) (Figs. 1, 2). 320

The N2P2 habituation index (HI) was significantly 321  
 increased in FM patients compared to controls when all the 322  
 stimulation sites were considered (Table 3). The N2–P2 323  
 habituation index was not significantly correlated to N2–P2 324  
 amplitude (Spearman correlation test: hand 0.34 n.s.; chest 325  
 tender point 0.98 n.s.; knee 1.12 n.s). 326

### LEPs and clinical features 327

Patients presenting with migraine did not display signifi- 328  
 cant N2–P2 amplitude decrease when the hand was con- 329  
 sidered, differently from patients with sensory deficits and 330  
 the remaining FM sufferers (Fig. 3a). Habituation index 331  
 was significantly increased in all FM groups, in respect to 332  
 controls. Fibromyalgia patients with migraine comorbidity 333  
 showed even potentiation of LEPs amplitude in the third 334  
 repetitions, so habituation index was incremented also 335  
 when compared to other FM groups (Table 3; Fig. 3b). 336

**Fig. 4** The mean value and standard error of N2–P2 amplitude by hand stimulation across three consecutive repetitions are shown for FM patient subgroups and controls. For the first repetition, the ANOVA test was 3.86, *df* 3, *p* = 0.01; for the second repetition the ANOVA test was 2.66, *p* = 0.048; and for the third repetition the ANOVA test was 1.86, n.s. The results of the Bonferroni test for multiple comparisons are as follows: fibromyalgia with sensory deficit versus controls, **\*\****p* < 0.01, \**p* < 0.05; fibromyalgia with migraine versus controls, **++***p* < 0.01; fibromyalgia without sensory deficit and migraine versus controls, **oo** *p* < 0.01; fibromyalgia with migraine versus fibromyalgia with sensory deficit, **§***p* < 0.05; **§§***p* < 0.01. All data were corrected for age



337 Considering the LEPs by hand stimulation across the  
 338 three consecutive series, FM patients, excluding those with  
 339 migraine, exhibited significant reduced amplitude in the  
 340 first series in comparison with controls. All patient sub-  
 341 groups showed a tendency towards amplitude increase in  
 342 the third series, especially migraine patients for whom this  
 343 was statistically relevant compared to controls and other  
 344 FM subgroups (Fig. 4).

345 There was a positive correlation between hand habitu-  
 346 ation index and pain at tender points (Spearman correlation  
 347 test 0.329, *p* < 0.01) and a negative correlation between  
 348 the habituation index and physical component of quality of  
 349 **AQs** life (0.346, *p* < 0.01) (Fig. 5).

350 **Skin biopsy**

351 Demographic and clinical data, LEP amplitudes, and  
 352 quantitative analysis of cutaneous sensory nerve endings  
 353 of patients randomized for skin biopsy are summarized  
 354 in Tables 4 and 5. Eight patients presented with migraine  
 355 comorbidity and four with distal sensory deficit  
 356 (Table 5).

357 In FM patients, we found a significant non length-  
 358 dependent loss of epidermal nerve fibers (ENF) in thigh,  
 359 leg, and fingertip, compared to the age- and sex-matched  
 360 control group (Tables 4, 5).

361 Moreover, there was a significant loss of Meissner cor-  
 362 puscles, while intrapapillar myelinated fibers appeared  
 363 spared.

364 Sixteen out of 21 patients had ENF density below the 5°  
 365 percentile cut-off in at least one site and 13 of them had  
 366 abnormal values also for MC (Table 5). Of the remaining  
 367 five, four showed only low values of MC density and one  
 368 had normal values of densities for ENF, MC, and IMF.

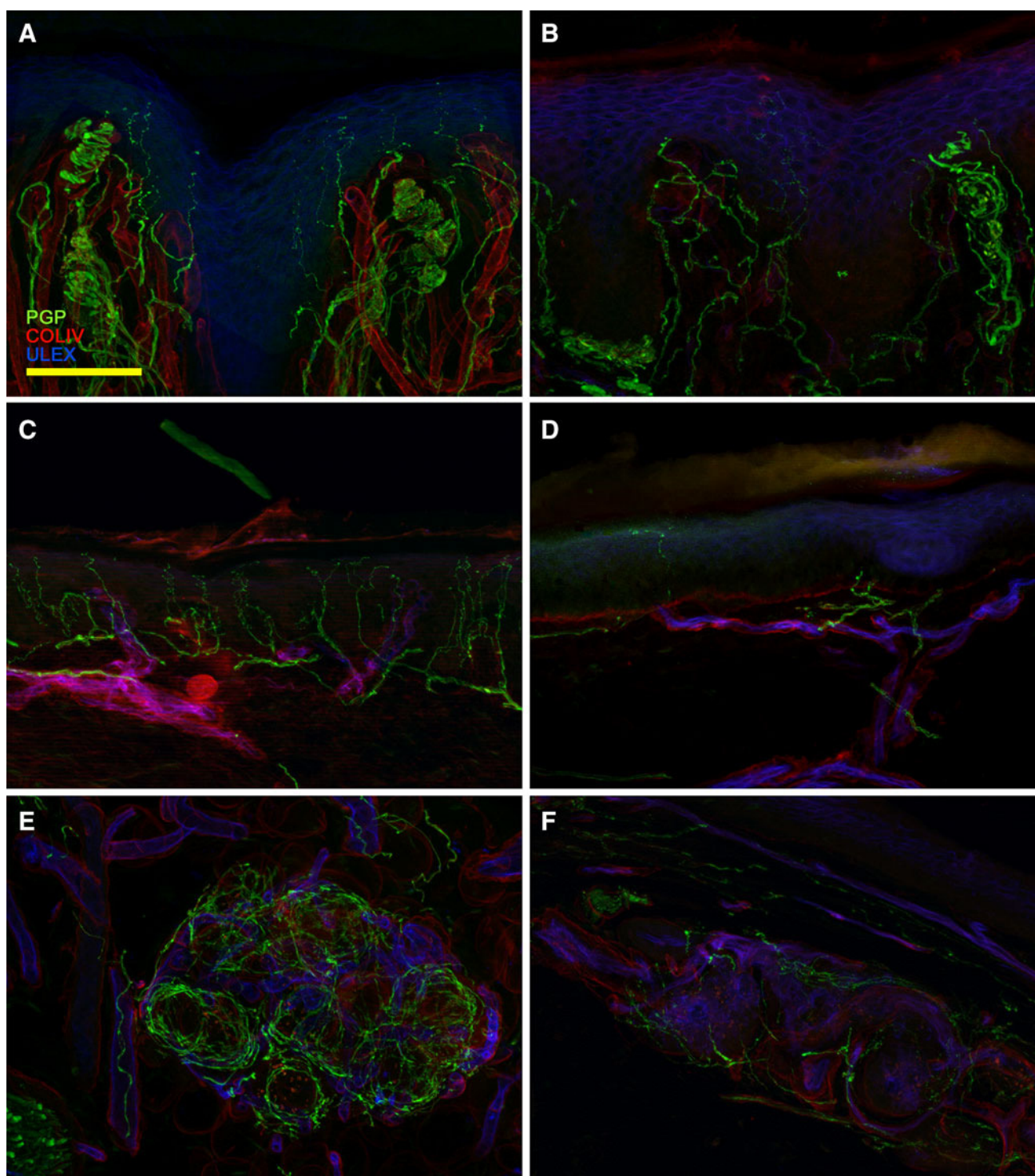
369 ENF density at fingertip correlated with the N2–P2  
 370 complex amplitude obtained stimulating the hand (*n* = 21;  
 371 Spearman’s correlation test: 0.55, *p* = 0.01) and at chest  
 372 tender point (*n* = 20; Spearman’s correlation test: 0.524,  
 373 *p* = 0.018). The ENF density was not correlated with  
 374 habituation index as well as with any clinical feature,  
 375 including pain at tender point.

376 **Discussion**

377 **Laser-evoked potential features**

378 This study confirmed only in part previous results obtained  
 379 in a small group [9]. The increase in case series allowed us  
 380 to observe a wide distribution of FM patients with regard to  
 381 LEP’s amplitude in comparison to controls, from patients  
 382 showing increased amplitude to patients presenting with

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**Fig. 5** Confocal images of sensory and autonomic innervation in a patient with fibromyalgia (**b, d, f**) compared to a healthy control (**a, c, e**). Nerve fibers are in *green* (PGP), blood vessels and basal membrane are in *red* (Col IV), epidermis and endothelia are in *blue* (ULEX). In **b** compared to **a**: a loss of Meissner corpuscles and

epidermal nerve fibers is evident in patient fingertip. In **d** compared to **c**: a severe loss of epidermal nerve fibers with a poor subepidermal neural plexus is present in the patient leg. In **f** compared to **e**: there is a severe loss of sudomotor nerves in patient leg compared to control. *Scale bar* 100  $\mu$ m

383 decreased values of N2–P2 amplitude, while reduced  
384 habituation observed across three consecutive LEPs tracks  
385 was confirmed in almost all patients [9]. Uçeyler et al. [14]

recently described an amplitude reduction and latency 386  
increase of the negative–positive vertex complex induced 387  
by concentric electrode stimulation in a small FM patient 388

**Table 4** Mean values and standard deviations of the number of epidermal nerve fibers (EFN) per linear mm, Meissner corpuscles (MC) per mm<sup>2</sup>, and intrapapillar myelinated fibers (IMF) per mm<sup>2</sup>

	Sex (M/F)	Age	EFN thigh	EFN leg	EFN fingertip	MC	IMF
Fibromyalgia	3/18	51.0 ± 8.7	17.4 ± 6.9	11.4 ± 4.3	4.5 ± 3.2	9.7 ± 8.3	59.5 ± 25.7
Controls	10/50	52.7 ± 6.3	23.5 ± 3.8	15.0 ± 3.6	6.8 ± 3.0	27.2 ± 7.5	53.1 ± 19.3
<i>p</i>		0.45	<b>&lt;0.01</b>	<b>&lt;0.01</b>	<b>&lt;0.05</b>	<b>&lt;0.01</b>	0.33

The results of Student's *t* test are reported

389 population compared to healthy subjects and patients with  
390 major depression. The authors postulated small fiber neu-  
391 ropathy taking into consideration the concurrence of  
392 nociceptive-evoked responses, quantitative sensory testing  
393 (QST), and skin biopsy results. Due to the different types  
394 of stimulation employed in the two studies, reliable com-  
395 parisons of the neurophysiological findings are not possible  
396 [29]. However, the present results concur with that study  
397 [14] for the reduced amplitude of the negative-positive  
398 major deflection, while we failed to show latency prolon-  
399 gation of the negative component of the vertex complex. A  
400 proximal leg stimulation site was employed in this study,  
401 following typical pain distribution in FM syndrome [15],  
402 while in the study by Uçeyler et al. [14], a distal point on  
403 the foot was employed, with an increased probability to  
404 relieve a slowing in conduction along the nociceptive  
405 afferents.

406 We failed to observe amplitude reduction of the early  
407 N1 component in the FM patients. The laser-induced N1  
408 was not previously examined in patients with painful sen-  
409 sory polyneuropathy [30], but it was found to be reduced in  
410 amplitude in patients with neuropathic pain by Fabry's  
411 disease [31]. Local morphologic alterations in the cingulate  
412 cortex and the insula, sparing cortical zones where the N1  
413 originates [32], were detected in patients suffering from  
414 various chronic pain syndromes, including fibromyalgia  
415 [33], and may explain the selective preservation of N1 in  
416 FM patients. The N1 variability linked to its small ampli-  
417 tude [34] may also concur to explain the absence of sig-  
418 nificant abnormalities we observed in our patients. In our  
419 opinion, this finding may contribute to confirm the com-  
420 plexity of FM syndrome, where the concurrence of  
421 peripheral and central factors, as the dysfunction of small  
422 sensory fibers and cortical zones electively devoted to pain  
423 modulation, may account for the complex and apparently  
424 contradictory results. The pattern of reduced vertex LEPs is  
425 generally attributed to a lesion or disease of the somato-  
426 sensory system causing neuropathic pain [35], while the  
427 FM patients included in this study were carefully selected  
428 for the absence of any central or peripheral nervous system  
429 disease. The patients in this study also displayed normal  
430 sensory-nerve conduction studies, which demonstrate the  
431 normal function of a-beta sensory fibers.

432 Habituation deficit across three consecutive LEPs rep-  
433 etitions seemed to be a constant pattern across FM patients.  
434 This was evident for all three stimulated sites, independent  
435 from total amplitude of the averaged LEPs. In fact, in many  
436 FM cases, the deficit of habituation did not result in a  
437 vertex complex amplitude increase, characterizing patients  
438 with incremented, normal, or reduced LEPs. Reduced  
439 habituation seemed to involve nociceptive-evoked respon-  
440 ses in migraine, fibromyalgia, and other conditions of  
441 uncertain origin [9–11], supporting the possible role of  
442 complex dysfunction of the endogenous antinociceptive  
443 system in these syndromes [36].

#### LEPs features and clinical aspects of FM 444

445 A careful neurological examination enabled us to find a  
446 small sub-group of FM patients with a slight distal sen-  
447 sory deficit and LEPs amplitude reduction, which on the  
448 other hand characterized also patients with normal neu-  
449 rological examination. Abnormalities of neurological  
450 examination might be absent in the majority of FM  
451 patients with reduced LEPs for different reasons as scarce  
452 compliance during the sensibility examination [37] or  
453 dysfunction of too limited extension to become evident  
454 unless a QST is performed. A possible dysfunction of  
455 nociceptive afferents in FM patients may also explain the  
456 absence of significant reductions in N2–P2 amplitude  
457 when a proximal site such as the chest tender point was  
458 stimulated. However, the phenotypic heterogeneity within  
459 FM patients is suggested by the normal or even increased  
460 LEPs exhibited by some patients, most of which being  
461 also migraine sufferers. Migraine patients for example  
462 constitute a sub-group of FM patients where the pro-  
463 nounced expression of central sensitization phenomena  
464 are widely accepted [10, 12, 38] and may sustain fibro-  
465 myalgia syndrome in the absence or in cooperation of  
466 nociceptive afferent dysfunction.

467 We also observed that deficient habituation across LEPs  
468 repetitions characterized patients with slight sensory deficit  
469 and reduced total N2–P2 amplitude, who may be reliably  
470 affected by a peripheral involvement of nociceptive affer-  
471 ents. This finding may suggest that both impaired small  
472 fibers function and altered modulation of pain at the central

**Table 5** Epidermal nerve fibers density in the fibromyalgia patients

Case	Site	Age	ENF/ mm	N2–P2 (hand) ( $\mu$ V)	Migraine	Distal sensory deficit	Tender
1	Thigh	44	<b>12.8</b>	23.24	Yes	No	35
	Leg		<b>6.3</b>				
	V F		<b>1.7</b>				
2	Thigh	40	14.6	19	Yes	No	103
	Leg		24.8				
	V F		6.1				
3	Thigh	61	<b>6.3</b>	8.87	No	Yes	170
	Leg		<b>7.5</b>				
	V F		<b>2.9</b>				
4	Thigh	40	20.4	9.32	No	No	45
	Leg		10.2				
	V F		<b>2.8</b>				
5	Thigh	42	<b>10.7</b>	16	Yes	No	150
	Leg		<b>7.1</b>				
	V F		<b>3</b>				
6	Thigh	40	<b>14</b>	5.4	No	Yes	130
	Leg		<b>5.9</b>				
	V F		<b>0.1</b>				
7	Thigh	58	<b>11.7</b>	12.22	No	No	120
	Leg		10.8				
	V F		<b>4</b>				
8	Thigh	38	<b>17.1</b>	15.22	No	No	94
	Leg		18.7				
	V F		<b>4.1</b>				
9	Thigh	66	26.1	23.22	Yes	No	140
	Leg		16				
	V F		10.2				
10	Thigh	39	<b>12.2</b>	15.3	Yes	No	87
	Leg		<b>10.6</b>				
	V F		<b>2.3</b>				
11	Thigh	54	<b>8.5</b>	11.88	No	No	53
	Leg		<b>9.7</b>				
	V F		<b>3.3</b>				
12	Thigh	43	21.6	5	No	Yes	69
	Leg		27.2				
	V F		<b>0.7</b>				
13	Thigh	54	<b>12</b>	12.22	No	No	36
	Leg		<b>10.1</b>				
	V F		<b>4.4</b>				
14	Thigh	49	26	23.4	Yes	No	62
	Leg		15.7				
	V F		6.2				
15	Thigh	39	21.7	24.4	Yes	No	77
	Leg		14.4				
	V F		11.4				

**Table 5** continued

Case	Site	Age	ENF/ mm	N2–P2 (hand) ( $\mu$ V)	Migraine	Distal sensory deficit	Tender
16	Thigh	41	<b>13.4</b>	10.4	No	No	148
	Leg		13.5				
	V F		<b>5.5</b>				
17	Thigh	50	27.9	10	Yes	No	127
	Leg		12				
	V F		10.2				
18	Thigh	54	26.5	6	No	Yes	52
	Leg		n.e.				
	V F		<b>3.5</b>				
19	Thigh	61	<b>8.2</b>	8.8	No	No	50
	Leg		<b>5.6</b>				
	V F		<b>1.5</b>				
20	Thigh	51	22	11.27	No	No	34
	Leg		<b>9.6</b>				
	V F		<b>5.3</b>				
21	Thigh	52	<b>16</b>	15.59	Yes	No	35
	Leg		12.1				
	V F		8				

The N2–P2 amplitude by right-hand stimulation, the comorbidity for migraine, the presence of sensory deficit, pain at tender points score (Tender). The findings below the 5° percentile are reported in *bold VF* V finger tip, *n.e.* not evaluable

level may coincide to determine the fibromyalgia syndrome 473  
in subgroups of patients. In patients with migraine as 474  
comorbidity, habituation deficit toward facilitation was 475  
even more evident compared to other FM patients. In 476  
patients with sensory deficit, the response of the first block 477  
was further reduced, in agreement with potential peripheral 478  
afferent dysfunction, but the recovery in the third response 479  
was not enough to reach normal LEPs amplitude. 480

The prevalence of sensitization on habituation seems to 481  
be a common feature across patients. It was also correlated 482  
with pain severity at tender points and poor quality of life 483  
due to impairment of physical condition. No correlation 484  
was found between LEPs habituation and anxiety and 485  
depression, which is in contrast to our previous report [9]. 486  
The tendency not to habituate across consecutive sessions 487  
of painful stimulation seems to be a stable pattern in 488  
fibromyalgia, which is not influenced by psychological 489  
factors and is correlated to illness severity and invalidity. 490

Skin biopsy features 491

We found a small fiber involvement in the majority of our 492  
patients that underwent skin biopsy. This finding is in 493

494 agreement with the recent report by Uceyler et al. [14]  
 495 demonstrating a reduction of ENF in fibromyalgia. How-  
 496 ever, the possibility to evaluate ENF density in multiple  
 497 sites allowed to show a non length-dependence of this  
 498 pathologic process and then to differentiate it by the clas-  
 499 sical small fiber neuropathy. In addition, we observed a  
 500 significant loss of MC. This pathological aspect was pres-  
 501 ent in 19 out of 21 patients, so a common pathogenic  
 502 mechanism could induce the degeneration of last endings  
 503 of large and small fibers. Therefore, this degenerative  
 504 process cannot be revealed by sensory nerve conduction  
 505 that cannot explore small fibers and by-passes the most  
 506 distal part of large fibers. Our skin biopsy reports are not  
 507 completely representative of the entire FM population  
 508 because we were able to randomly submit to this procedure  
 509 only a small sub-group of FM patients. However, the FM  
 510 characteristics we decided to individuate in the entire group  
 511 were represented among patients submitted to skin biopsy,  
 512 so we can suppose that a dysfunction of sensory afferents  
 513 may be a common factor of the disease, involving also  
 514 some cases with associated migraine. We found a positive  
 515 correlation between N2 and P2 amplitude by hand and  
 516 chest stimulation and ENF density at the fingertip, with  
 517 lack of correlation between skin biopsy data, habituation  
 518 index, and pain at tender points. This may confirm that the  
 519 clinical manifestation of FM is correlated to the dysfunc-  
 520 tion of pain modulation as expressed by the relationship  
 521 observed with LEPs habituation, more than to the possible  
 522 peripheral sufferance of nociceptive afferents. In fact, in  
 523 FM patients, symptoms of peripheral afferents involvement  
 524 are different from those displayed by patients with classical  
 525 small fiber neuropathy [39–41]. In addition, our cases were  
 526 carefully selected in order to exclude metabolic, endocrine,  
 527 immune, and neoplastic diseases, which frequently subtend  
 528 small fiber sufferance [40]. The reduction of LEPs from the  
 529 hand dorsum seems also non-typical for patients with  
 530 classical small fiber neuropathy [40], as well as the lack of  
 531 length-dependent ENF loss. Our present opinion, which  
 532 needs further confirmation by the enlargement of the skin  
 533 biopsy data, is that idiopathic peripheral sensory nerve  
 534 involvement may be part of FM syndrome, with clinical  
 535 and pathological features different from other syndromes  
 536 as the classical small fiber neuropathy [39, 40].

## 537 Conclusions

538 The present results confirmed the complexity of FM syn-  
 539 drome. The possible involvement of sensory afferents may  
 540 be present in most FM patients, as shown by LEPs'  
 541 amplitude reduction found in a large cohort of patients and  
 542 reduced ENF density observed in a restricted FM group.  
 543 Moreover, reduced habituation in the course of laser

stimulation may express a central mechanism of altered 544  
 pain modulation, which correlated with the clinical 545  
 appearance of fibromyalgia. This may justify previous 546  
 findings on LEPs in FM [6–9] giving that reduced habit- 547  
 uation may compensate an initial gap in nociceptive input. 548  
 Further skin biopsy data are needed to confirm the suffer- 549  
 ance of sensory fibers as a common feature in fibromyalgia. 550  
 Our patients were carefully selected for the absence of 551  
 factors that may cause polyneuropathies, so the small fibers 552  
 involvement would be idiopathic and probably extended to 553  
 muscle and joint afferents [13]. Abnormalities of ionic 554  
 channels may explain altered neuronal excitability [41–43], 555  
 evolving toward neuronal degeneration at both central [33] 556  
 and peripheral levels [44]. Peripheral sensitization of axon 557  
 terminals increases the expression of sodium channels that 558  
 in turn could lead to axonal remodeling and degeneration 559  
 [45]. 560

In light of the present results, we can suppose that in FM 561  
 a phenotypical heterogeneity may be based on a different 562  
 balance of central versus peripheral factors in the different 563  
 patients. 564

**Conflict of interest** No author declares a conflict of interest. 565

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